

Gold

Technical

Gold markets gapped higher to kick off the yesterday session, as it continue to grind higher in a bit of an upward channel. The 50 day EMA underneath continues offer support, just as the \$1300 level of course will attract a lot of attention as well. As long as it can stay above there, it seems the market is going to continue to grind higher, and if it can clear the \$1310 level it could very well find this market reaching towards the \$1325 level after that. Target resistance is seen near a downward sloping trend line that comes in near 1,345. The Federal Reserve being loose with its monetary policy will of course continue to help the gold markets, but if for some reason they sound more tight than people expect that over the next couple of days, that could send Gold right back down.

Pivot:	1,308		
Support	1,298	1,294	1,290
Resistance	1,315	1,311	1,308

Source: FX EMPIRE

Highlights

- Gold prices snapped three consecutive sessions of gains today as the dollar firmed
- Gold is expected to get rise after ahead Fed's monetary policy
- The firm dollar and gains in equities are headwinds for gold today and currently the risk appetite is slightly high
- A stronger dollar makes gold expensive for holders of other currencies
- Gold is often used as a hedge against political and financial uncertainties.

Gold - Technical Indicators

RSI 14	45.44
SMA 20	1,267.2
SMA 50	1,252.1
SMA 100	1,256.3
SMA 200	1,277.8

Source: FX EMPIRE

Gold Daily Graph



Source: Meta Trader

Fundamentals

- Gold prices dipped today, after posting gains in the previous three sessions, as the dollar gained ground ahead of an interest rate decision by the U.S Federal Reserve later in the day.
- Spot gold was down about 0.1 percent at \$1,304.85 per ounce, trading in a narrow \$3 range. U.S gold futures dipped about 0.2 percent to \$1,304.60 an ounce.
- The dollar rose against most of its peers on reports of renewed tension in U.S-China trade negotiations. Investors since last year have favoured the dollar as a safe haven against the U.S-China trade dispute.
- The Fed meeting will be followed by a decision on the interest rate and monetary policy statement in addition to the chairman of the federal Bank. Investors are also focusing on the monetary policy statement.
- In the light of the adoption of the policy of patience to raise interest rates, members of the Federal Reserve sees signs of slowing in the growth of the US economy during the current year, but stressed that there is no risk of recession soon.
- If the Fed is more dovish than expected, the dollar is likely to move lower and in turn support gold prices, while uncertainty surrounding Brexit has increased demand for safety.
- The continued selling of the US currency, comes as cautions rise towards the uncertainty of the US economy growth path, coupled with the decline in yields of US Treasury long-term bonds , as the possibility of the Federal Reserve to cut interest rates this year becomes higher.

US Commodity Futures Trading Commission (CFTC) Data

Date	Large Speculators			Commercial			Small Speculators			Open Interest
	Long	Short	Bullish	Long	Short	Bullish	Long	Short	Bullish	
12/27/2018	337251	72353	82%	120854	284003	30%	49448	31277	61%	384,974
01/03/2019	340748	74460	82%	115571	287002	29%	51148	36,819	61%	450555
01/10/2019	291266	84634	77%	116493	311865	27%	53520	32958	62%	499110
01/17/2019	274589	77454	77%	118610	304141	28%	49810	33791	60%	493086
01/24/2019	295688	67069	82%	127081	327075	28%	51562	30399	63%	510579

Source: CFTC

Crude Oil

Technical

The WTI Crude Oil market rallied a bit during the trading session yesterday to reach the \$60 level. This is an area that has been the top of a major gap, which has now been filled. If it can break above the \$60 level, this pair will more than likely take off, especially considering that the scheduled meeting for OPEC has been pushed back to June, meaning that production cuts will stay in place at least that long. With that, and the fact that the Chinese are stimulating their economy, it's very likely that demand for crude will continue to pick up and therefore it should eventually break above the \$60 level and perhaps go as high as \$65. Brent markets haven't filled the gap at the \$70 level yet. A break above there would free the Brent market to go much higher. Pullbacks should continue to be bought, for much the same reason outlined in the WTI markets. A falling US dollar could help as well.

Pivot:	58.85		
Support	58.85	58.35	58.05
Resistance	60.20	59.85	59.40

Source: FX EMPIRE

Highlights

- Oil prices were little changed after hitting 2019 highs and maintaining recent strength
- Oil prices were supported above \$50 per barrel as investment into U.S shale output growth would cease below that price
- Drops in oil prices were checked by continued production cuts by major exporters, tightening supply
- Crude stocks fell by 2.1 million barrels in the week to March 15, to 446.8 million
- Prices were supported by U.S sanctions against oil exports from Iran and Venezuela

Crude - Technical Indicators

RSI 14	55.83
SMA 20	48.93
SMA 50	46.53
SMA 100	47.26
SMA 200	51.85

Source: FX EMPIRE

Crude Oil Daily Graph



Source: Meta Trader

Fundamentals

- Oil prices fell today, retreating from a four-month high, as concerns that trade talks between the United States and China have stalled, stoking fears over the outlook for global economic growth.
- International Brent crude oil futures were at \$67.49 a barrel, down 15 cents, or 0.2 percent, from their last close. Brent touched \$68.20 a barrel yesterday, its highest since Nov. 16.
- U.S West Texas Intermediate crude futures were at \$58.86 per barrel, down 17 cents, or 0.3 percent, from their last settlement. WTI hit a high of \$59.57 a barrel yesterday, the highest since Nov. 12.
- The dips come after crude prices rose by more than a quarter this year, pushed up by a pledge led by the Organization of the Petroleum Exporting Countries to withhold around 1.2 million barrels per day of supply as well as by U.S sanctions against oil exporters Iran and Venezuela.
- U.S oil prices have climbed 9 percent in the last six weeks, as the supply cuts are now expected to continue through the rest of 2019. The Organization of the Petroleum Exporting Countries cancelled its April meeting this week after a shorter get-together in Azerbaijan.
- The major expansion comes as smaller independent producers, who profit only from selling the oil, are slowing exploration and cutting staff and budgets amid investor pressure to control spending and boost returns.
- Oil prices have risen by over 25% since the start of 2019 as output cuts by OPEC+ and involuntary cuts by Iran and Venezuela have prompted fears about supply.

US Commodity Futures Trading Commission (CFTC) Data

Date	Large Speculators			Commercial			Small Speculators			Open Interest
	Long	Short	Bullish	Long	Short	Bullish	Long	Short	Bullish	
12/27/2018	458,206	105,441	81%	560,983	925,531	38%	82,700	70,917	54%	1,598,935
01/03/2019	462,028	106,739	81%	557,217	927,085	38%	85,279	70,700	55%	1,615,844
01/10/2019	454,829	123,816	79%	571,328	916,651	38%	87,594	73,282	54%	1,619,796
01/17/2019	463,186	135,835	77%	560,029	897,400	38%	87,590	77,633	53%	1,623,027
01/24/2019	473,506	133,457	78%	558,910	898,363	38%	79,121	79,717	50%	1,613,293

Source: CFTC

Silver

Technical

Silver markets rallied a bit during the trading session yesterday, running into the \$15.50 level. By doing so, it is starting to see sellers come into the market and that of course can have an effect on what happens next. Nonetheless, it all comes down to the Federal Reserve and the next couple of days, as it will influence the US dollar in general. If that's going to be the case, it's very likely that it continue to see a lot of choppiness, and of course volatility over the next 48 hours. It can push above today shooting star at the \$15.50 level, then the market is free to go to the \$16 level. If it did break down below there, it would be an extraordinarily negative sign and it could send the market much lower. but if it did break down below the \$15 level could open up the door down to the \$14.50 level, possibly even lower than that.

Pivot:	15.40		
Support	15.20	15.13	15.07
Resistance	15.50	15.45	15.40

Source: FX EMPIRE

Highlights

- Silver continues to be one of the weakest performers in the precious metals space
- Investors since last year have favoured the dollar as a safe haven against the U.S-China trade dispute
- The easy monetary policy will continue to lift precious metals overall
- Silver prices dipped today 0.1 percent to \$15.33 an ounce
- May Comex silver was last up \$0.038 at \$15.36 an ounce

Silver - Technical Indicators

RSI 14	19.80
SMA 20	17.27
SMA 50	16.72
SMA 100	16.85
SMA 200	16.87

Source: FX EMPIRE

Silver Daily Graph



Source: Meta Trader

Fundamentals

- Silver prices are moderately higher in U.S trading yesterday. A weakening U.S dollar index and crude oil prices at a four-month high supported the precious metals markets today.
- Silver futures rallied during the Asian session as the US dollar rebounded to its seventh session in nine sessions from its highest since the 21th of June, 2017, according to the inverse relationship between them on the eve of the launch of the FOMC meeting.
- Silver rose by 0.5% to trade at \$15.40 an ounce from the opening of \$15.32, the highest at \$15.41 and the lowest at \$15.31. Yesterday, silver rose 0.4%, the second consecutive daily gain, supported by the fall of the US dollar and the rise in copper prices in the global market.
- The dollar fell 0.2% yesterday, extending its losses for the eighth day in a row, reaching a three-week low of 95.76 points, due to the continued sell-off the greenback against a basket of other currencies.
- The fall of the US currency comes is in favor of the rise in the prices of silver and other metals denominated in US dollars, making them low-cost for holders and consumers of other currencies. Risk appetite in the world marketplace remains elevated, as there are no major geopolitical matters jolting the world markets.
- The current US Dollar Declines comes ahead the Federal Reserve's monetary policy meeting , as most participants in the financial markets expect the bank to make a pessimistic move as risk increases around the US economy, especially slowing global growth.

US Commodity Futures Trading Commission (CFTC) Data

Date	Large Speculators			Commercial			Small Speculators			Open Interest
	Long	Short	Bullish	Long	Short	Bullish	Long	Short	Bullish	
12/05/2018	42,097	29,999	58%	56,157	75,843	43%	23,121	15,533	60%	132,501
12/12/2018	42,083	27,402	61%	54,280	79,052	41%	24,963	14,872	63%	132,475
12/19/2018	41,285	23,950	63%	53,875	79,404	40%	23,378	15,184	61%	131,294
12/29/2018	41,287	24,798	62%	58,869	83,678	41%	21,523	13,203	62%	136,158
01/02/2019	41,334	26,466	62%	60,600	84,551	42%	21,666	13,583	61%	139,468

Source: CFTC

Commodity News

Wednesday, March 20, 2019



Data Calendar

Economic Data

Date	Time	Event	Importance	Actual	Forecast	Previous
Wed Mar 20	14:30	GBP CPIH (YoY) (FEB)	Medium	1.90%	1.80%	1.80%
Wed Mar 20	14:30	GBP Consumer Price Index (YoY) (FEB)	High	1.90%	1.80%	1.80%
Wed Mar 20	14:30	GBP Core Consumer Price Index (YoY) (FEB)	High	1.80%	1.90%	1.90%
Wed Mar 20	14:30	GBP House Price Index (YoY) (JAN)	Medium	1.7%	2.40%	2.50%
Wed Mar 20	16:00	USD MBA Mortgage Applications (MAR 15)	Medium			2.30%
Wed Mar 20	19:30	USD DOE U.S. Crude Oil Inventories (MAR 15)	Medium		2000K	-3862k
Wed Mar 20	19:30	USD DOE Cushing OK Crude Inventory (MAR 15)	Low			-672k
Wed Mar 20	23:00	USD FOMC Rate Decision (Upper Bound) (MAR 20)	High		2.50%	2.50%
Wed Mar 20	23:00	USD Interest Rate on Excess Reserves (MAR 21)	High		2.40%	2.40%

Source: Forex Factory, DailyFX

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